

Children's African DrumagiQ
People * Power * Pulse of Africa

Fridays Kisa Centre



Beginning: 5th March 2010

Time: 5 - 6 pm for children under 12 years old , 6 - 7 pm for children 12 - 15 years old

Includes: Drums and rhythm tuition with educational approach, psychological expertise, culture, customs, games, dance and innovative creative techniques.

Children learn about the rhythm culture and customs of Africa. In these classes they will also learn to use the African Djembe drum to develop and balance their brain with various rhythm exercises and rhythms that synchronise the brains hemispheres. This kind of drumming education will help them to concentrate the mind and increase their overall level of understanding and uplift their energy. Lessons are taught in a way they will also learn to respect and tolerate each other beyond language, religious and cultural differences.

They will learn to use the drum to relax from stress and emotional tension, bond nicely with others and encourage happy and positive relationships, friendships. Most of all they will develop personal self confidence as they access their power while playing the drum as well as appreciate Africa, the land that continues to remind us of one of the most powerful tools in the world.

Children are also taught about the culture and customs of various African countries as well as the movement and dance of these dynamic cultures in this wonderful continent. Most significant in this is their exposure to people who have lived and felt the African pulse.

For more information and registration please call 22878181 or email to us
(kisa@cytanet.com.cy)